



# ST. JAMES CATHOLIC SCHOOL

1010 Belmont Avenue  
Augusta, Kansas 67010  
(316) 775-5721

## NEWS FROM THE HIGH HEAVENS

### NO. 5

Tuesday, December 20, 2011

**"A CATHOLIC LEARNING COMMUNITY"**

**ST. JAMES PARISH/SCHOOL AUCTION WILL BE HELD ON SATURDAY,  
MARCH 31<sup>ST</sup>! THIS IS ONLY 13 WEEKS AWAY. PLEASE PRAY FOR THE CONTINUED  
SUCCESS OF OUR PARISH/SCHOOL AUCTION.**

*"If you want others to be happy, practice compassion; if you want to be happy, practice compassion."*

Dear Jaguar Parents,

**REMINDER: St. James Catholic School will not be in session on Thursday, December 22<sup>nd</sup>. Teachers will be attending a Retreat Day at the Sisters of the Congregation of St. Joseph in Wichita.**

### WEATHER CONCERNS

In the event the weather necessitates the closing of school, St. James Catholic School will abide by the decision of the Augusta Public School system (USD 402). If Augusta \*USD 402) is closed, St. James will be closed also. Announcements will be made on the following radio stations: KTLI/Light 99, KKDR, KRZZ, B-98 FM, KZSN, KEYN, KFDI, T-95, and KHCC. Television stations are: Channel 3 (KSNW-TV), Channel 10 (KAKE-TV), and Channel 12 (KWCH-TV).

### SACRAMENT OF RECONCILIATION

On Sunday evening, December 4<sup>th</sup>, the following students made their FIRST RECONCILIATION. We look forward to their continued spiritual growth toward their FIRST COMMUNION this spring. Students who made their First Reconciliation are:

Tanner Becker	Ben Bergkamp	Alexis Craft	David Ebenkamp
Landon Gray	Dusty Jones	Allie Kavalauskas	Chance Kohls
Charlize Lichlyter	Brandon Mosier	Kateri Mosier	Fiona Rardin
Reese Ratcliff	Malori Renville	Tommie Schaffner	Adrian Walker
Emily Webster			

*"HOME OF THE JAGUARS"*



Although I didn't have the list of the names of P.S.R. students receiving their First Reconciliation-St. James Catholic School congratulates our good friends in the P.S.R. 2<sup>nd</sup> grade class. A special thank you goes out to Miss Renae Brinker and Mrs. Brandy List for preparing the children very well for this great sacrament.

*Preparing Minds for a Lifetime and Souls for Eternity.*

## DECEMBER/JANUARY CALENDAR OF EVENTS

Wed., December 21 <sup>st</sup>	End of 2 <sup>nd</sup> Quarter/1 <sup>st</sup> Semester Last day of school before Christmas Break St. Vincent DePaul Soup Supper – 5:00 pm – Can also order to go Faculty Formation Day – St. Joseph Convent – 8:00 am to 2:30 pm <b>NO SCHOOL - Christmas/New Years Break</b>
Thurs., December 22 <sup>nd</sup> <b>Thurs., December 22<sup>nd</sup> thru Tues., January 3<sup>rd</sup></b>	<b>Faculty Work Day</b> <b>School Resumes</b>
Tues., January 2 <sup>nd</sup> <b>Wed., January 3<sup>rd</sup></b>	2 <sup>nd</sup> Quarter Grade Cards Sent Home in Family Folders
Thurs., January 5 <sup>th</sup> Fri., January 6 <sup>th</sup>	First Friday Devotional – After 8:00 Mass Teacher Lunch Off – 11:00 am to 12:30 pm “Walk in Sister’s Shoes” Begins
Mon., January 9 <sup>th</sup>	White Heart Rosary NUT Day – children can wear jeans and St. James T-Shirt/Sweatshirt for \$1.00 Proceeds go to “Walk In Sister’s Shoes” Fund
Tues., January 10 <sup>th</sup>	Little Flower Girls Club – 3:15 to 4:30 pm – School Community room
Weds., January 11 <sup>th</sup>	Cultural Capacity Meeting – 3:20 to 5:20 pm – School Library
Thurs., January 12 <sup>th</sup>	Little Women Hospitality Club – 3:20 to 4:30 pm – School Community Room
Fri., January 13 <sup>th</sup>	2 <sup>nd</sup> Quarter Awards Assembly – After Mass (approx 8:40 am) – School Community Rm. 2 <sup>nd</sup> Quarter AR Store – After Mass – School Community Room Faculty Christmas Gathering – Playa Azul – 4:00 pm
<b>Mon., January 16<sup>th</sup></b>	<b>SCHOOL WILL BE IN SESSION</b>
Tues., January 17 <sup>th</sup>	Friends of Augusta Student of the Month Luncheon – 11:45 am to 1:00 pm – Pizza Hut Restaurant
Tues., January 24 <sup>th</sup>	School Council Meeting – 6:00 pm – School Library – <i>All are invited to join us anytime</i> 2 <sup>nd</sup> Quarter Principal’s Honor Roll Lunch with Father/Mr. Guy Diocesan School Council Meeting – 4:00 pm – School Community Room
Fri., January 27 <sup>th</sup>	January Baptismal Celebration – 8:00 am Mass
Sat., January 28 <sup>th</sup>	HAS Chili/Chicken Noodle Dinner
Sun., January 29 <sup>th</sup>	Stewardship Reception – 4:00 to 6:00 pm
<b>Sat., January 28<sup>th</sup> thru Fri., February 3<sup>rd</sup></b>	Catholic Schools Week (Schedule will be in the next newsletter)
<b>Mon., January 30<sup>th</sup></b>	Kindergarten to Lakepoint – 10:30 am

### ST. JAMES T-SHIRTS & SWEATSHIRTS

With the new order of T-shirts/Sweatshirts here and going home...please makes sure to mark any Sweatshirts that your kids are wearing to school. All too often they leave them lying somewhere and it makes it easy to find the owner if their name is on the tag. Otherwise, they go in the lost and found and it becomes a free for all!!!

### CHRISTMAS PROGRAM

St. James Catholic School Christmas Program was held in the Augusta High School Auditorium on Monday, December 12<sup>th</sup>. The children did a wonderful job. Thanks to Mrs. List and Mr. Lewis for their time devoted to our Christmas program...it was a big hit!! Thank you to those parents that helped us out at the last minute to drive our kids over to the high school for dress rehearsal Monday morning: Jeri Biehler, Jessica Carey, Andrea Davis, Kelly Ebenkamp, Richard Guy, Danielle Kavalasuskas, Christi Kirkpatrick, Jana Kohls, Brandy List, Noah List, Amy Lowe, Irma Miranda, Penny Mosier, Amanda Phillips, Andrea Pletcher, Ron Reavis, Kati Renville, Elaine Rogers, Mary Samms, Chrissa Webster, Nicole Weems, and Loretta Yates.

You all were wonderful angels sent to keep our children warm!

### **CLASSROOM PARTIES**

Room Mothers will need to consult with the classroom teacher to schedule treats and any activities for Wednesday, December 21<sup>st</sup>. Check with the teachers on your activities.

**Christmas Parties begin at 2:30pm.**

### **RELIGION BOWL**

Starting in January, the Religion Bowl Team will meet with Mr. Guy and Mrs. Samms on Tuesdays & Thursdays before school each week at 7:30am in the fifth/sixth grade classroom.

### **SCHOOL COUNCIL MEETING**

The next School Council meeting, as noted on the school calendar, is scheduled for Tuesday, January 17<sup>th</sup> at 6:00pm. Anyone may attend and are always welcome.

### **JANUARY FRIENDS OF AUGUSTA STUDENT OF THE MONTH**

**BRYCE WATSON** has been chosen as the January Friends of Augusta Student of the Month recipient. Bryce has made gains this year by leaps and bounds due to his sheer persistence. He never gives up. Instead of trying to escape homework, he actually asks for more! Thank you, Bryce, for your great work and attitude. Congratulations, Bryce!

### **OUR LADY OF GUADALUPE RE-ENACTMENT AND RECEPTION**

A tremendous THANK YOU to the fantastic dinner prepared by SHARON TRETO. What a wonderful job she did organizing and preparing for this event. Also, a thank you to the parents involved with the Our Lady of Guadalupe Re-enactment. It was very nicely done. The children did an excellent job. The event was greatly appreciated by all who attended.

### **FROM THE SWELLNESS COMMITTEE**

#### **Warm Up Your Winter with Spices**

If you're feeling chilly this Winter, reach for warming spices. Ginger, cloves, and turmeric complement winter's root vegetables, dark, leafy greens and hearty whole grains, adding a double punch of flavor and cancer-fighting compounds.

The EXOTIC SPICE TRADE once commanded great fortunes. Traders from Europe to Morocco and along the Silk Road came back with cinnamon, ginger, cloves, and other rare spices.

Luckily for us, it only takes a trip to the grocery store to find a wide spectrum of healthy spices. Like all plant foods, spices, contain natural phytochemicals. Ancient cultures used many spices as remedies, and now scientists have confirmed that substances in spices protect our health. It's true that the amount of spices in one serving of a dish is small. However, if you use spices frequently in a healthy diet, their benefits may provide added cancer protection over time.

**Ginger** - Ginger contains various disease-fighting antioxidants. Preliminary laboratory studies suggest the antioxidant gingerol may help destroy cancer cells and block cancer-related inflammation.

Fresh ginger comes as a gnarled and knobby root. Use a paring knife to scrape off the thin, outer skin before mincing to use in stir-fries, soups or curries. Dried, ground ginger maintains a slight spicy pungency great for adding zing to baked goods, soups or vegetable dishes.

**Turmeric** - Another potent spice is turmeric, the root of a tropical plant related to ginger. Turmeric contains curcumin, which has anti-inflammatory properties. Preliminary studies suggest curcumin may also protect against colorectal cancer. Turmeric gives American-style mustard its intense yellow color. Look for this mild, pungent spice in curry blends or use on its own to season meat dishes, chilies, soups or even air-popped popcorn.

**Cloves** - Researches analyzed 425 herbs and spices and discovered that cloves have the highest antioxidant value. Antioxidants protect cells from being damaged by molecules in the body called free radicals that increase with age and exposure to pollutants. Cloves' healthful compounds and scintillating spiciness are reason enough to add them to both sweet and savory dishes this Winter. Add a pinch of ground cloves to hot cider or find a clove-laced spice blend like pumpkin pie spice or Chinese five-spice powder.

**Sweet Ways Honey Heals** - Besides its sweet floral taste, honey may also be valued for health benefits.

- Cough Suppressant – According to a study, parents reported their children coughed less when they were given a small dose of buckwheat honey before going to bed than when the parents gave them nothing at all or an over-the-counter cough medicine. Unlike standard cough medicines, honey is safe for children older than 1 and has no harmful side effects.
- Heart Disease and Cancer Prevention – Honey, especially dark varieties, contains high levels of antioxidants, compounds that may help fight diseases such as cancer and heart disease. Antioxidants help prevent cell damage by increasing your body's immune function.
- Burn Care – For a minor burn, applying honey may make the wound feel better. Honey absorbs moisture from the air and may help to keep the skin hydrated so it can heal.

### **JANUARY FAMILY OF THE MONTH**

This school year I will continue to recognize families for the STEWARDSHIP that they provide for our school. Each month I have a difficult time determining which family will be recognized. We have so many families that can be recognized and do so much for our school and parish. Sometimes families are recognized months later than they should be. This month, I am recognizing the **DEREK and MONICA LICHLYTER** family. This family could have easily been recognized last year. They have been on my list for quite some time, as with the last few Families of the Month.

Derek and Monica have four wonderful children: Duke in 3<sup>rd</sup> grade, Charlize in 2<sup>nd</sup> grade, Santana in Pre4, and Briar not yet is school.

Both Derek and Monica have demonstrated their belief in Stewardship to St. James Catholic School and Parish. They both genuinely believe that what drives them to provide stewardship is their strong belief that they have a huge vested interest in this school and church with four little ones preparing to go through the grade levels and programs that are offered here at St. James.

Derek and Monica are serving their 2<sup>nd</sup> of 3 years on the Executive Committee for the Parish/School Auction; they both have collaborated well with Grand Knight Josh Ebenkamp, Father Schemm, and the Augusta Little League Basketball Board to schedule practices in our wonderful gym this year. Derek and Monica have served on the Debt Reduction Capital Campaign and the Ice Cream Social Committee.

Derek is currently serving as the President of the Parish Council, serves on the Tri-Council, is Membership Director for the Knights of Columbus, is an annual Dino Days volunteer, and serves on the Augusta Little League Board.

Monica is a member of the Altar Society, where she cleans church and brings items for funeral dinners for her guild. She drives for the children's field trips, volunteers for school parties, served at the Our Lady of Guadalupe Dinner, previously led and participated in Women's Bible Study, and is also a member of the Augusta Adult Slow-Pitch Softball Team.

Both Derek and Monica believe St. James is a hidden gem right here in Augusta. They believe they are so fortunate to be able to provide their children with a Catholic-Christian-based education at a higher standard of learning. Derek and Monica have stated that they have had many compliments from family, friends, and teachers in and outside of St. James about the reverence that St. James Catholic School children have toward others, their study habits, and education levels. They both value St. James Church and Catholic School.

**CONGRATULATIONS TO THE LICHLYTER FAMILY!**

### **TEACHER'S LUNCH OFF**

Our next Teacher's Lunch Off will be Friday, January 6th. We need at least 6 parents to make this successful. At least 2 parents need to show up @ 10:30 to set up the extra tables and chairs we need with ALL the students eating lunch at 11:05. Please email Christi Kirkpatrick at [belle.macsmom@gmail.com](mailto:belle.macsmom@gmail.com)) if you can help out on the first Friday in January. Thank you for all of your help...the teachers really enjoy the time together.

**PLEASE REMEMBER THAT THIS IS WINTER TIME...THE KIDS WILL BE GOING OUTSIDE FOR RECESS IF IT IS NICE OUT (SUN SHINING, ETC). THE 5<sup>TH</sup> GRADE BAND WILL WALK TO EWALT EVERYDAY, UNLESS THE WEATHER IS TOO BAD. PLEASE MAKE SURE YOU SEND YOUR CHILD(REN) IN WINTER COATS, HATS, AND GLOVES. THANK YOU FOR YOU COOPERATION!**

### **A CHRISTMAS PRAYER**

**BY LOUIS STEPHENSON**

*Loving Father, help us to remember the birth of Jesus, that we may share in the song of the angels, the gladness of the shepherds, and the worship of the Wise Men. Close the door of hate and open the door of love all over the world. Deliver us from evil by the blessing which Christ brings, and teach us to be merry with clear hearts. May the Christmas morning make us happy to be with Thy children, and the Christmas evening bring us to our beds with grateful thoughts, forgiving and forgiven, for Jesus' sake. Amen.*

Keep Christ in Christmas!

*I would like to take this opportunity to thank each of you for your contributions at St. James Catholic School during the past year. Although you may not always receive the recognition deserved during the year, please know that each of you are deserving of many thanks. Thanks for the jobs you do, the time you give willingly, and most importantly, for working to make our school the best it can be.*

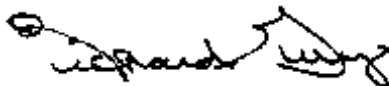
*At this time, when the warm glow of love and friendship surrounds us all, regardless of religious beliefs, take pride in all that you have done and all that you have yet to do.*

*The staff at St. James and I wish you all a very Merry Christmas and a Happy New Year.*

**OUR NEXT NEWSLETTER WILL GO OUT THE 4<sup>TH</sup> WEEK  
OF JANUARY, 2012!!!**

Have a nice day,

Yours in Jesus, Mary, and Joseph,



Richard Guy – Principal  
St. James Catholic School